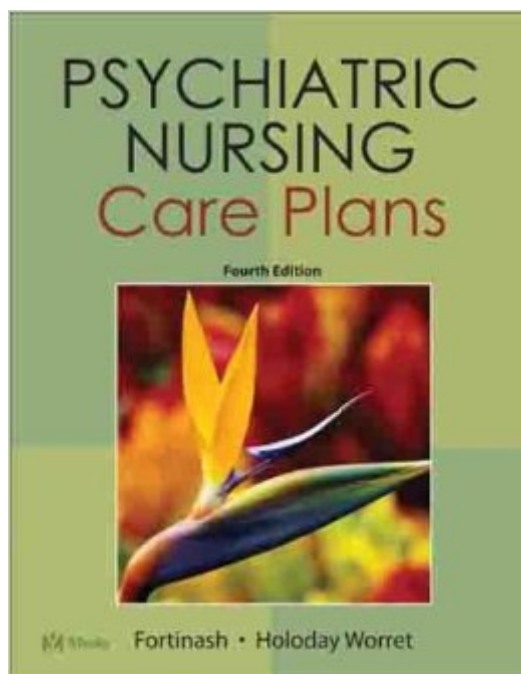


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# Psychiatric Nursing Care Plans, 4e



## Synopsis

Now with a second color to highlight a new, friendly design, the fourth edition of this practical reference presents 48 consistent, comprehensive care plans to assist students and practitioners in providing effective psychiatric nursing care in a variety of settings. It includes a logical organization, clear presentation, consistent use of the nursing process, and a correlation of nursing and medical diagnoses. Grounded in the latest classification of the Diagnostic and Statistical Manual of Psychiatric Disorders, IV, Text Revision (DSM-IV-TR) and the most current list of NANDA-approved nursing diagnoses, it covers a wide range of disorders, their psychopathology, and appropriate nursing interventions. Chapters use real-life examples and situations, as well as therapeutic and nontherapeutic dialogue to enhance content. The ANA six-step nursing process format is incorporated throughout to emphasize a practice-oriented, problem-solving approach to psychiatric care. 48 care plans are included for disorders such as sexual dysfunction, dissociative identity disorder, and posttraumatic stress syndrome. The NANDA diagnosis and taxonomy; factors related to the disorder; defining characteristics with detailed scenarios; desired end state goals; and step-by-step nursing interventions with realistic case examples are offered. Therapeutic and non-therapeutic dialogue examples are presented for more effective client communication. Specific, relevant, and practical nursing interventions are included with rationales. Outcome/evaluation criteria is provided for each disorder giving the reader clear indications of the desired end state. Complete chapters are provided on eating disorders and adjustment disorders, with updated, in-depth information about each of these conditions. Helpful appendices contain information and strategies that are timely and useful in the care of clients with mental and emotional disorders. Clinical Alerts highlight critical information in the practice setting. The Planning and Implementation section now features a two-column format of Nursing Interventions and Rationales for improved clarity and comprehension. Client and Family Teaching boxes address the problem of shortened hospital stays and focus on post-treatment instructions for clients and caregivers. Pharmacotherapy boxes include the most recent psychotropic drug information and appropriate related client care. A second color enhances the attractive, user-friendly design • increasing the accessibility for students and practitioners. A CD-ROM includes a completely interactive care plan constructor, special Appendixes covering suicide assessment, the latest guidelines for seclusion and restraint, patients' rights, developmental theories, and the AA's Twelve Steps.

## Book Information

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## Customer Reviews

This book really helped me in preparing my care plans for class. Not only does it have care plan information, it also has guides for tests such as the Mini-Mental. It really helped me out.

This book is not just a care plan, it's like a review for a test. It states a lot of information about particular disorders, and thoroughly describes intervention that are appropriate and what not to do. I was surprised with the great deal of information, it presents with I didn't need this text for class, but I saw another review that mentioned that it was really helpful with the main text book by Fortinash. So, I decided to get it and it was so educational! It's definitely a book to get!

There is definitely some very good information in this book. I guess I was hoping for a quick reference type of layout somewhere in the book. I have to go to the index and look up which illness I want to research plans of care for. I wish they had listed the medical diagnoses and then the possible nursing diagnoses. This has great information though that is pertinent to the care plan for the patient with psychiatric diagnoses. I keep it on my desk at work and refer to it often!

This book was required for my nursing school - BSN program. I feel the selection of books my program chose were all very informative, to the point and we used the books for the classes that required them. During nursing school most people do not know where their career will take them, there are so many options the RN has available, so building a strong foundation is essential to

success in the field. Nursing books are not written to be entertaining they are for educational purpose only. This book definitely offered education. After you graduate school and chose a path then find the best reference book you can find and carry it with you until the day you retire. I always recommend the additional study guide to a book if one is available.

The sample care plans were very helpful, and provided a wealth of information on interventions. The text would greatly benefit from the inclusion of page numbers on the back inside cover next to the nursing diagnoses. Some of the diagnoses did not have care plans anywhere in the book, and it was very difficult to figure out if that was the case.

This book has been THE biggest waste of money in my nursing school career yet. This book was required for my psych class and had I known any better I would have not purchased it and just used my Nursing Diagnosis Handbook, which contains adequate and ample psych diagnoses. I did not find this psych care plan book had any more information on psych diagnoses than my regular care plan book. Nursing school is expensive as it is, heed my warning and save your money!!!

This book was very well used throughout the course of my mental health rotation in school. I highly recommend this book for all nursing students who struggle with care plans. Even in you don't, there are some great ideas and creativity to relate nursing diagnoses.

There can be no perfect care plan book, however, I like this one the best. Specific to mental health, includes all levels of care. Useful, and user friendly. I have recommended this text to others.

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